



Opening Ceremonies – Opening prayer by Mike Spence and greetings from City of Thompson and smudging

3rd Annual Northern Little Chief Championship

The Little Chief hockey team, from April 10th to April 13th hosted their 3rd Annual Northern Little Chief Championship. It was a great weekend of hockey with 24 teams from 20 communities competing in 4 divisions – U11, U13, U15, and U18. “The Northern Little Chiefs Tournament has really grown over the last 3 years,” commented Carlee Billiaert, Little Chiefs Tournament Chair. She added, “In the first year we had one division, U13 with 6 teams competing. In the second year we had 3 divisions, U13, U15, and U18 with 18 teams competing. This year we maxed out at 24 teams, due to the availability of ice, competing in all 4 divisions.”

Carlee, the co-founder of the tournament along with Carla M’Lot recalled when the Little Chiefs was first formed, “About 14 years ago, there was a real need for our Indigenous athletes to have a greater opportunity to participate. The Calls to Action 87 to 91 really highlighted how access to sports activities plays a major role in reconciliation. The tournament itself has also evolved. At the beginning it was focussed on providing Indigenous youth the ability to participate in tournaments. Now we have a more community-based approach where all youth are welcome, both Indigenous and Non-Indigenous, to participate. We believe this

is in keeping with the spirit of reconciliation.”

The Little Chiefs hockey brand is recognized throughout western Canada with the U15 team frequenting different Indigenous communities and helping to put on ice development workshops. “I am happy to say that many of the kids that had played previously for the Little Chiefs are now coming back to help in either coaching or reffing,” says Carlee. The impressive part of the Northern Little Chief tournaments is their focus on taking down as many barriers as possible to allow kids to participate. Both girls and boys of different ages played together on the various teams as there were some teams that were not able to seed a full roster based on the availability of kids in that particular age group in their community. “For example, the Town of Churchill’s team, even though they played in the U15 division had age groups from U9-U15. They also picked up a kid(s) from Gillam who wanted to play but did not have a team to play on. We had kids messaging us from other communities who wanted to play so we basically found them a team to play on. Some communities joined together to form a team that otherwise, on their own, would not have had enough players for a team. We know many of the kids, so based on what we feel is the overall skill level of a team and their overall ages, will



Bryce Clemons and Jacob Adams, former Little Chiefs players, giving their time to manage a team that got put together last minute due to another team not being able to attend due to problems with the winter road.

For comments or feedback on The Citizen please contact
Oswald Sawh
204-677-0760
or email
executivedirector@tnrc.ca





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3rd Northern Little Chiefs Championship (Cont'd)

dictate which division we place the team in. The coaches are all aware of the different age groups of all the teams competing with the focus on being able to help a community, a team and/or a youth in that community to participate. This is what it should be about," says Carlee.

For many Indigenous youths in the residential school system, playing hockey was an opportunity for them to help cope. Hockey continues to be an important part of the cultural fabric in many communities in Northern Manitoba. The approach done by the organizers of the Northern Little Chiefs tournament reminds us all of what should be important, not just for hockey but with all sports, the removal of barriers to maximize the ability for as many youth as possible to participate. Thank you to the organizers for putting on a great tournament and helping as many of our young people to participate.



Fire Antz U11 Champions – the gloves off and sticks on the ice show how exciting of a game it was!

U11 Tournament Results
Champion Fire Antz
Runner-up OCN Danglers

U13 Tournament Results
Champion Jr Northstars
Runner-up Little Chiefs

U15 Tournament Results
Champion Native Warriors
Runner-up Chiefs

U18 Tournament Results
Champion Islanders Selects
Runner-up Chiefs

Soccer Season is Around the Corner



have four divisions: 4 years to 6 years - McNuggets, 7 years to 9 years - Small Fries, 10 years to 12 years - Golden Archers and over 12 years is the U18 or the Seniors. Age is based on how old you are as of June 1st. The TJSA's season is starting in June and will continue



Soccer has become the largest youth sport activity in Thompson with a registration just below 500 in the 2024 season. "We expect registration to be the same or even higher this year," says Nuno Pereira, President of the Thompson Junior Soccer Association (TJSA). "Soccer is the largest growing sport in Canada. This trend is very much in line with what we are seeing across the country. It is very popular," continued Nuno.

until the last weekend in July where tournaments will be held for the U12 and the U18. "Registration was just opened on April 24th and will be closed on Sunday May 18th. The kickoff will be on Sunday May

25th at the TRCC from 12 noon to 8 pm. This is where the kids will get to pick up their jerseys and see which teams they are on," says Nuno.

Thank you to the volunteers and Board members of the TJSA for their time. "This being such a popular sport, we are always looking for help. If you want to be a coach or a referee, we offer training. Please contact us on our Facebook page or we will also be at the CHTM trade show on May 2nd to May 4th," said Nuno.

Soccer is already the number one sport in the world with a massive global fan base of 3.5 billion people. The TJSA will continue to



Super Dragons - U18 2024 Champions



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Aging is cool! Everyone is doing it!



Seniors volunteers & family enjoy a nice summer get together

Whether it's a meal at a local restaurant, cribbage tournament at Winterfest, income tax preparation or raking a lawn, Seniors and Elders need to socialize and get help with several tasks and chores and the Thompson Seniors Community Resource Council (TSCRC) tries to make it happen.

Penny Byer, Coordinator for the TSCRC commented *"Formed in 1996, our mission is to identify the needs of Seniors and Elders and respond to those needs. We rely heavily on grants, donations and fund raising. Our current fund raiser is the Tim Hortons Smile Cookie campaign in which we get to keep 100% of all Smile Cookie sales! Those dollars will go toward our food security program, a capital fund for a building of our own, and other educational and recreational programs."*

Some of the regular programming of the TSCRC includes a weekly congregate meal. Each month a different restaurant provides a lunch on Tuesdays, holding the cost to seniors to \$10. Participating restaurants include A & W, Ma-Mow-We-Tak Friendship Centre, McDonalds, Burntwood Hotel Restaurant and the Northern Inn. There have been occasions when Swells Eats and the TRCC Concession have also supported this very important program. Also on Tuesdays, Seniors and Elders gather at the TRCC/

UCN complex to play cribbage, do puzzles, play board games or just sit and chat.

On Wednesdays, an intergenerational Chair Yoga session adds to the social, recreational and physical health of Seniors/Elders and those who are not quite there yet!

Penny also adds, *"Every Thursday, we deliver food hampers to 18 Seniors/Elders on low incomes and who have mobility challenges. This is part of our food security program. Also, part of this effort is our raised garden box distribution. As of the end of the 2025 season we will have distributed more than 140 garden boxes. This year, we are also reaching out to help Seniors/Elders in Wabowden and Nelson House. We also hold a potluck two or three times a year, take short bus trips, offer our specialty bike rides in the summer, provide lawn care/window washing/fence painting in the summer, hold the occasional craft workshop, as well as hold education sessions on everything from vision enhancements and elder abuse awareness to fall prevention and more."*

TSCRC also just started a partnership with Victoria Lifeline where they will be installing services for Seniors/Elders. They also have wheelchairs, walkers and bathroom accessibility products for loan

and as they are available, they also have personal disposable undergarments and hearing aid batteries to give away.

"The TSCRS is currently renting space from Ma-Mow-We-Tak Friendship Centre which has been an excellent support for us, but with our activities and inventory being scattered throughout the city, we are hoping to have our own seniors centre some day," says Penny.

Thompsonites can learn more about the TSCRS by subscribing to their monthly newsletter. You can also contact them by email at thompsonsensiors55@gmail.com or call their office at 204-677-0987. They will also deliver their newsletter via email or postal service, depending on your circumstances. You can also follow them on Facebook or go to their website: www.thompsonsensiors.ca.

A big thank you to Penny and the board and volunteers of the Thompson Senior's Community Resource Council. They do so much for individuals who have over the years given so much to our community. **Help support our Senior's and Elders by buying a Smile Cookie(s) from Monday April 28th to Sunday May 4th at Tim Hortons or you can pre-order by emailing thompsonsensiors55@gmail.com.**





Mall of the Arts Hosts the Thompson Festival of the Arts Jamboree



Youngest performer at the Jamboree

On Saturday April 12, the Mall of the Arts in partnership with the Thompson Festival of the Arts (TFA) hosted the first TFA Jamboree. It was a great opportunity for our young artists, including inspiring singers, painters, carvers, or poets to have an opportunity to perform or present their work of art to the public. The youngest performer was a 2 year old that sang her ABCs.

“The main thing was to give these young performers an opportunity to get over the jitters when it comes to performing or showcasing their work to the public,” said co-founder for Mall of the Arts, Andrea Stephens.

Approximately 15 youths, from 2 to 17 years of age were provided casual performance space to play, sing, or speak their pieces with performances by our own local band, Northbound Revival, to start everything followed by the



Young performers at the Jamboree

RD Parker Brass Ensemble. The Mall of the Arts sees events like this as a great way to help grow local talents.

Andrea acknowledged all of the hard work by Stephanie Davis, President of the TFA who spearhead the event. She also announced the upcoming imagiNorthern Conference to take place May 7th to May 9th at the Bill Comasky Gym at the TRCC. As mentioned by Communities Economic Development Corporation (CEDF), *“The ImagiNorthern team is made up of a partnership between the Flin Flon*



Andria Stephens of Mall of the Arts

national audience. ImagiNorthern is a consortium of artist supports which will spur economic growth with some of the greatest resources we have in the North – our people,” added Andrea.

Mall of The Arts (MOTA) was started approximately 5 years ago, with it moving to their current location at the City Centre Mall in May of 2024. MOTA is a registered Canadian Charity with a mission statement *“to create a warm space for Northern Community members and Tourists, to enjoy participating in artistic and cultural activities together through the appreciation of art”*. Its location boasts works of art for sale from various artists working in different mediums including paintings, drawings, and carvings to name a few. It is

open from Monday to Saturday from 10 am to 6 pm. It is a great place to shop for gifts while supporting local talent.



Performers at the Jamboree

Arts Council, Thompson Mall of the Arts, Churchill Creative Collective, The Pas imagiNorthern and a network of northern champions collaborating to bring Northern Manitoba to the world. Driven by the North and supported by Creative Manitoba and the Manitoba Arts Network, imagiNorthern welcomes others to join our quest.”

“Our region consists of many artists that are extremely talented, with traditionally few resources to reach an inter-



Mall of the Arts store



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100 Women Who Care Thompson



Community Builder

Since starting up in 2016, 100 Women Who Care Thompson has provided a little over \$ 232,000 in grants to community organizations for various initiatives and projects. Their grants have supported 36 projects from 33 organization in various areas including schools, animal welfare organizations, youth groups, daycare facilities, organizations serving individuals with special needs, recreational and sports organizations and clubs, health and welfare organizations, seniors, and other foundations and community service groups. The accomplishment of 100 Women Who Care is even more impressive when you consider the funds raised are all from fellow Thompsonites who have collectively chosen to donate funds to go towards community projects. It is also impressive considering the grants provided helped to leverage other resources and funds on top of the \$ 232,000 raised.

“Currently we have 77 members and are always looking for more,” says Kim Rudolph, President of 100 Women Who Care Thompson. Kim added, “Our first meeting was in March of 2016 and we have been going strong ever since. We meet quarterly for no longer than an hour. Any members in good standing can nominate a local charity to receive funds. The funds must stay local. Our next meeting is June 4th at 6:30 pm. For more information, our website address is 100womenthompson.com or you can contact us at (204) 679-4493.”

Congratulations to the members of 100 Women Who Care Thompson. They have truly made a difference in our community.

Another Successful Animal Night Fundraiser

Contributing organizations and individuals:

The Thompson Wildlife Association (TWA) recently held their annual fundraiser, Animal Night on March 28, 2025. Animal Night is TWA’s major fundraiser to help the organization pay for their annual operating cost associated with running their services as commented by Nelson Pruder, President of the the TWA, *“this includes costs associated with our building next to the Boreal Discover Centre at 100 UCN Dr, our indoor and outdoor firing range, and the educational programs that we facilitate on the proper use of firearms”*. Nelson continued, *“we also do work in advocacy when it comes to environmental issues and support a number of clubs that includes the Handgun Club, Senior Rifle Club and the Junior Rifle Club. Our membership is currently standing at 120.”*

TWA is the local organization that supports hunters and harvesters in Northern Manitoba and is one of the oldest clubs in Thompson. Nelson specifically acknowledged the many businesses and organizations that help make the Animal Night event, which has been going on for over 35 years, such a success with approximately 130 individuals in attendance.

University College of the North	Ma-Mow-We-Tak Friendship Centre	Corner Deli	Safeway
Tom’s Pizza & Restaurant	KFC	Liz Lake Electrical	Telus Health
Thompson Eye Care	Thompson Gase Bar Co-op	Royal Bank	ET Blades
Innovair	Assiniboine Credit Union	Toronto Dominion Bank	CHTM
The Club	Prince Furniture	Thompson Home Hardware	Speedy Glass
Rock Country	Thompson Ford	Boston Pizza	Santa Maria Pizza
Twin Motors	NC Crossroad Lanes	Community Futures NCD	Borderland Power Sports
Anything Grows	Smook Contractors	Slink Choker	Westburne Electric
Northland Tire	Prairie Helicopters	Matechuk Trucking	A. Sapach Trucking
Norman Glass	Alyssa Ferguson	Boss Auto	Arnasson Distributing
Vale	Gardewine	Hair by Lindsay Dawn	R. A. Distributing
Unique Purses	A&B Builders	Nickel City Motors	Prince Furniture
CAT Tormorant	Grainger	All Terrain Bear Hunters	NAPA
Mid Canada Bearing	Eecole Electric	Leo’s	Boardman Funeral Homes
Fruili Apartments	Hayes Auto	City of Thompson	Shelly’s Second Hand
Wawatay Inn	Area 55	Tree Suns/Red Septic	Thompson Airport
Perimeter	Calm Air	Hi-Tech	Pruder’s Property Services
KB Insurance	Delta 9	Moffat Supply	All Occasions
Junior Rifle Club	Fred Palmer	Kennedy Energy	United Rentals
Best Western	City Dental	Burntwood Custom Builders	Canadian Tire
McMunn & Yates	Heather Matchuk Aesthetics	Minute Muffler	Stitch It Up
Overhead Doors North of 55	R2 City Centre Mall		



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Thank You Thompson Community Foundation!!!



Thank You Thompson Community Foundation!! Since 1996, the Thompson Community Foundation (TCF) has been a major force in community development for the City of Thompson. At their AGM in June of 2024, the Board of Directors announced close to \$220,000 in grants for the 2024 year. Since 1996, a total of \$ 2.32 million in grants were approved to 97 local organizations including all 8 of our schools and their related parent organizations, health facilities, social service organizations, family support programs and various committees, social and sport clubs that support low cost recreational, sport and wellness activities. Even though these numbers alone are impressive for a local foundation that started its first year by providing 1 grant in the amount of \$ 716 to now approving on average over \$180,000 annually in the last 5 years, it only tells part of the story. The other part, which is even more impressive is what the TCF grants have helped to start up, and the impact of their grants have made to the overall health of our community. I can't tell you the story of all organizations that have applied and were approved and the impact the funds have made but I can tell you of 2 that I have been involved with for close to 20 years.

The Thompson Humane Society (THS) got its first grant of \$ 5,000 from the TCF to help fund the purchase of its Animal Shelter in 2006. This grant help to leverage an additional \$ 125,000 in funding that allowed for the opening of the Animal Shelter that has since helped over 6,000 lost, abandoned and abused

Solution (MAPS). Between 2004 and 2009, the TCF approved 3 grants totaling just under \$16,000 for MAPS to allow the organization to create its Health Relations Program (HRP) that was later operationalized and funded by the Province of Manitoba. MAPS, since 2010 has been delivering HRP that provides counselling services to both men and women with anger and stress issues. HRP later provided MAPS the ability to open its first transitional housing for men in 2013, and then transitional housing for women in 2021. These houses provides services to up to 24 individuals on an ongoing basis.

This in only 2 examples from the 97 organizations, service clubs and committees that the TCF has helped. How many have similar stories? TCF funds has not only provided needed resources but in many cases has provided these applicants the ability to leverage additional funds that have resulted in their ability to deliver on going services to our fellow Thompsonites that were not previously available. As a community we should be proud, impressed and thankful for the work of the TCF over the last 30 years. To hear more about the TCF, their 2025 AGM is schedule for Tuesday June 24, 2025 at 7:00 pm at the Boreal Discovery Centre.

OUR FOUNDATION THOMPSON

Thompson Community Foundation

30th Annual General Meeting

&

Grant Announcements

Tuesday June 24, 2025

Boreal Discovery Centre

AGM 7:00 - 7:30 pm

Grant Announcements 8:00 - 8:30pm

animals. In 2023, the TCF approved another grant of \$10,000 to the THS to help it acquire the former Thompson Vet building, rebranded now as the THS Animal Health and Wellness Center (HWC). The grant leveraged funding needed for the purchase. Since the HWC has opened it has provided health care services to over 2,000 animals.

Another organization that the TCF helped to start is Men Are Part of the



Regional Science Fair Showcases our Young Talent



The winners of the Regional Science Fair is as follows:

CATEGORY	Gold	Silver	Bronze
Grade 4: General	3 D Builder Zacary Conner Plastic Milk Sage Lafreniere	Can Vegetables Re-Grow? Bryson Ferguson Sniffing Out a Dog's Identity Paizli Canada	Eggsploring Buoyacy Lily Harwood What is Blubber? Lavanah Bignell How to make a Squishy Vending Machine Hailey Herman & Abbi Haywood
Grade 4: Life	Scuba Bugs Anna Totte		
Grade 5: General	Lucky Lights Ajuj Singh	Stain, Stain Go Away Brynley Roberts	Water We Drink Sloan Glenn and Abigail Lodder Potato Power Todd Richard Mystery of Static While Rubbing Object Lucas Halcrow & Alexei Richard
Grade 5: Life	Easy Ways to be More Sustainable? Layla Rye Antonio	We East Nails for Breakfast Sanvi Patel	
Grade 6: General	Making a Record Player out of Scratch Lorenzo Chevillard Reseance Ravsimar Dhadial	How Far the Bot Travel Rheane Fennel Which Handsanitizer Works the Best Leah Pham & Macy Portey	Ozone Layer Depletion Lucas Respecio & Diamond Adejuwon Amazing Glowing Lava Lamp Navach Hart What Magnet Attracts Better for Magnetic Slim Jayda Ducharme Homopolar Motor Alex Herman & Sarah Lamb
Grade 6: Life	Can Easting Too Much Sugar Cause Diabetes Amelie Bingell		
Grade 7/8: Physical		Bounce Ball Brady Haywood and Riley Conner Apple Browning Adele Harwood	The Effect of Different Measurement of Salt on Egg Bouncing Sussanah Wastesicoot Electromagnetic Induction Ravnoor Dhadial
Grade 7/8: Health		Burning Truth Jeremy Samuel Jonathan and Arman Kapoor	
Grade 7/8: Life		Can Animal Hair Pick Up Oil Spills? Kennedy Bonnett	Natural Dyes DK Johnson
Grade 7/8: Computer/Math/English		How Does Zeotrop's Work? Zander Linklater	Hydro Power Plant Japjot Wadhawan

As covered in The Citizen's May 2025 issue, several schools in Thompson held Science Fairs with the top winners moving onto the Regional Science Fair that just took place at Ecole Riverside School with representation from Thompson and the Pas. Mervat Yehia, Regional Coordinator for Northern Manitoba explains the significance of the Regional Science Fair, "the regional science fair is a celebration of curiosity, creativity, and critical thinking. It's inspiring to see students take on real-world challenges with such passion and innovation. This event provides an incredible platform for young scientists to showcase their work, exchange ideas, and gain confidence in their abilities." A huge thank you to the organizers, judges, teachers, and volunteers who made the science fair a success. Your support helps shape the next generation of researchers and problem-solvers. Beyond science, the fair helps students develop essential skills—like public speaking, resilience, and collaboration—which will benefit them in every aspect of life. We are so proud of the brilliant minds in our region. The dedication and talent on display make us excited about what's to come.



Stittco Utilities and Stittco Energy
Thompson, Manitoba

Full time Office Clerk

We are a propane company supplying and servicing Northern Manitoba.

Primary position: Account Collections and Small Claims Court.

Other responsibilities include: Processing payments and invoices, answering phones, addressing the public, cash reports and deposits, data entry (Excel) and providing assistance to co-workers. Details of the position will be discussed at the time of interview.

Familiar with Microsoft Office and running office equipment will be an asset. All training will be provided - if needed.

This position is 40 hours per week with benefits. Office hours are 8 am to 5 pm, Monday to Friday. Salary will be based on experience. References will be required.

Please email resume to scott.scadden@stittco.com or drop off at 31 Gay Street, Thompson, Manitoba.

Are you a business that needs to promote an upcoming sale or wishes to place an advertisement? Are you an organization that wishes to promote your services on an on-going basis? Are you a level of government that needs to place ads in printed form? The Citizen is widely circulated with at least **68 confirmed locations** around Thompson. Contact Oswald Sawh, Executive Director at (204) 677-0760 to find out what our ad rates are.

PROGRAMS & SERVICES

FOR MEN & WOMEN

CONTACT

MEN ARE PART OF THE SOLUTION (MAPS)

204-778-6040

admin@menarepartofthesolution.com

117B Commercial Place Thompson, MB

INTAKE FORM

Call the number above or talk to your Counsellor as this may be an option for you.

ABOUT US

A person's attitude and behaviours are strongly influenced by societal expectations. Due to social and economic changes, people have come to question what is expected of them. As a result, they are increasingly willing to access supportive therapeutic services. MAPS provides the necessary support while being sensitive to cultural, economic, gender, and sexual orientation issues, as well as to personal and situational difficulties.

We provide community awareness on issues relating to domestic violence, through workshops, presentations, schools and employee relations initiatives.

TRANSITIONAL HOUSING

MAPS Transitional Housing (Phoenix House) provides an **independent sober-living environment** for men and women in early recovery who wish to break the bonds from alcohol or substance use.

Our houses are made for you to experience a comfortable, home-like environment which helps you cultivate a supportive network.

When you choose to move into a sober living residence like MAPS, you are giving yourself the best opportunity to harness the power of the life skills and coping mechanisms taught to you during your treatment.

GROUP COUNSELLING

MAPS provides men and women with the opportunity to address issues and receive support from other men and women facing similar struggles. Group counselling is the primary service offered.

INDIVIDUAL COUNSELLING

We offer short-term individual counselling to those who attend the group. You and the counsellor will have weekly counselling sessions approximately one hour in length. In this time, you and the counsellor will work through steps towards the goal that you have established for yourself.

The Citizen is including a *Community Calendar of Events* for upcoming months. To promote services provided by our not-for-profits, charities, foundations and service clubs. We want to highlight upcoming community workshops, festivals, and recreational and sport events.



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Calendar of Events

May - 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Upcoming Events June 2025 Thompson Community Foundation AGM June 24, 2025 – 7 pm Boreal Discovery Centre		If you have a community event, celebration or an initiative and would like to have it in our community calendar, please contact us at admin@tnrc.ca or at (204) 677-0760.		1	2 CHTM Trade Show (TRCC) Parent & Me - Craft&Play (9am-10:30am-TRCC)	3 CHTM Trade Show (TRCC) Drop In Badminton (3pm-4:30pm-TRCC) Drop in Basketball-18+ (8pm-9:30 pm-TRCC)
4 CHTM Trade Show (TRCC) Drop in Volleyball-12+ (1pm-2:30pm-TRCC) Drop in Pickleball-12+ (3pm-4:30pm-TRCC) Last Day – Smile Cookie Campaign 	5 Drop In Basketball 12+ (3:30pm-5pm-TRCC)	6	7	8 McHappy Day 	9	10 Legion Mother's Day Tea (Legion Hall) Drop in Basketball-18+ (8pm-9:30 pm-TRCC)
11 	12 Senior's Community Resource Council Mother's Day Pot Luck (1:30pm-3:30) Drop In Basketball 12+ (3:30pm-5pm-TRCC)	13 Royal Winnipeg Ballet (TRCC – 7:30pm)	14 Drop In Basketball 12+ (3:30pm-5pm-TRCC)	15	16 Parent & Me - Craft&Play (9am-10:30am-TRCC)	17 Drop in Basketball-18+ (8pm-9:30 pm-TRCC)
18 Drop in Pickleball-12+ (3pm-4:30pm-TRCC) Last day for Thompson Junior Soccer Assoc. Registration	19 	20	21	22	23 Lay Vaccination Clinic (1pm – 4:30pm-THS Animal Shelter) Parent & Me - Craft&Play (9am-10:30am-TRCC)	24
25 Drop in Volleyball-12+ (1pm-2:30pm-TRCC) Drop in Pickleball-12+ (3pm-4:30pm-TRCC) Kick-off Event (12noon-8 pm – TRCC)	26 Drop In Basketball 12+ (3:30pm-5pm-TRCC)	27	28 Drop In Basketball 12+ (3:30pm-5pm-TRCC)	29	30	31 Stay Safe (10am-2pm-TRCC) Babysitters Wksp 3-7 pm Drop in Basketball-18+ (8pm-9:30 pm-TRCC) Drop In Badminton (3pm-4:30pm-TRCC)

LOCAL RATES & INFORMATION

Effective April 1, 2025

The Citizen

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Note: Deadline may be shifted due to holidays

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1/2 page (6C x 7.75")	250.00
Full page (6C x 15.5")	450.00

Common Sizes (Width x Height)

Full page	9.875 x 15.5
1/2 page	9.875 x 7.75
1/4 page	4.84 x 7.75
1/8 page	3.17 x 5.81
1/16 page	3.17 x 2.9

Nelson E. Pruder

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PRUDER'S
PROPERTY SERVICES INC

McHappy Day to Support Ronald McDonald House Happening on May 8th

Get ready to celebrate McHappy Day on Thursday, May 8th. Ouzzy Traore, owner/operator for McDonald's Thompson commented on the upcoming McHappy Day, "On McHappy day, you can do good and support families with sick children from Thompson and surrounding communities when you order from McDonald's. That's because a portion of proceeds from every order all day supports RMHC Manitoba."

Many families from Thompson have benefited from the services offered by Ronald McDonald House (RMHC) in Winnipeg. RMHC Manitoba provides a home away from home for critically ill and seriously injured children and their families. In 2021 they supported 866 families with essential services, provided 3892 nights of accommodation and saved Winnipeg and rural Manitoba families an estimated one million dollars in costly out of pocket expenses. These

essential funds allow RMHC to continue providing families with accommodations, meals, transportation, and wellness programming, so they can focus on what matters most — their child.

In Manitoba, the latest information shows 1,327 families were supported by overnight accommodations and day use program (a 50% year-over-year), 10,929 nights of accommodations supported by Ronald McDonald House and Family Room (a 103% year-over-year), servicing 292 total communities served by Ronald McDonald House and Family Room programs (a 32% year-over year) resulting in \$3.4M savings for Winnipeg, Rural and Northern Manitoba, and Northwestern Ontario families faced.

Many Thompsonit's would know friends and/or families that have benefited from RMHC. Thank you to the Winnipeg RMHC for their support!!!

For special promotions or multi-booking rates please contact **Oswald Sawh, Executive Director** at executivedirector@tnrc.ca

